

Florida Scuba Trip Menu

July 6-15, 2024

July 6, 7, 14, and 15: All meals while travelling (except for breakfasts) are not covered by trip fees.

In Florida:

All Breakfasts: Cereal, milk, juice, coffee, bagels, muffins, fruit

All Lunches: Lunch meat (ham, turkey, beef), bread, condiments, lettuce, tomato, cheese, chips/pretzels, fruit, carrots, cookies, water

Suppers: Drinks – lemonade, ice tea, water

Monday, July 8: Make your own pizza, coleslaw, macaroni salad, dessert pizza
watermelon

Tuesday, July 9: Sherried chicken and rice, cheese stuffed meatloaf with potatoes and carrots, Italian green beans, fruit salad (pineapple and bananas)

Wednesday, July 10: Chipotle burrito bowls (homemade), fruit cobblers with ice cream.

Thursday, July 11: Grilled pork loins with Lowry's and Worcester sauce, mashed potatoes and gravy, corn, coleslaw, fruit salad (watermelon, muskmelon, grapes, bananas, apples)

Friday, July 12: Spaghetti with meat sauce, garlic bread, parmesan cheese, tossed salad (lettuce, tomato, cucumbers, mushrooms, carrots, cheddar cheese, dressings), key lime pie with whipped cream

Saturday, July 13: Grilled brats, burgers, shrimp, buns, condiments, sauerkraut, creamy mac & cheese, tossed salad, fruit salad, homemade ice cream

Menu is subject to change depending upon availability of items and prices.

If you have special dietary needs (allergies, vegetarian, etc.) please inform the leaders at least 2 weeks prior to departure so that accommodations can be made.